

**Western North Carolina Youth Football and Cheerleading Association, Inc.**  
**General Rules, Regulations and Requirements**  
**2007**

**Eligibility-Participation Requirements**

Any youth meeting the requirements as to age, weight and scholastic achievement as set forth in the by-laws will be eligible to compete in conference play. Any youth practicing, competing or on the playing roster of any other organized football or football cheerleading team will not be on the roster of any club in the Western North Carolina Youth Football and Cheerleading Association at any time during the season. A player/cheerleader who tries out for a middle school team, but does not make the middle school team roster, may play youth football/cheerleading if they sign up before the 1<sup>st</sup> weigh-in in the current year.

**Age**

- A. To be eligible for participation in the Termite division, a player/cheerleader must have attained his/her sixth (6<sup>th</sup>) birthday before August 1<sup>st</sup> and shall not have attained his/her ninth (9<sup>th</sup>) birthday before the first (1<sup>st</sup>) day of August immediately prior to the start of the season.
- B. To be eligible for participation in the Mite division, a player/cheerleader shall have attained his/her ninth (9<sup>th</sup>) birthday before the first (1<sup>st</sup>) day of August and shall not have attained his/her eleventh (11<sup>th</sup>) birthday before the first (1<sup>st</sup>) day of August immediately prior to the start of the season.
- C. To be eligible for participation in the Midget division, a player/cheerleader shall have attained his/her eleventh (11<sup>th</sup>) birthday before the first (1<sup>st</sup>) day of August, and shall not have attained his/her fourteenth (14<sup>th</sup>) birthday before the first (1<sup>st</sup>) day of August immediately prior to the start of the season.
- D. Mascots must not have attained his/her sixth (6<sup>th</sup>) birthday before the first (1<sup>st</sup>) day of August immediately prior to the start of the season. Mascots will be required to present a certified birth certificate, current picture and completed medical form to be placed in the cheerleading album.
- E. A cheerleader/football player in agreement with the coach/sponsor and accompanied by a signed consent from the parent may choose to advance to another level (ex: mite to midget). However, the cheerleader/football player may not at any time during the same year move back down (ex: midget to mite), the level of play to include middle school (ex: midget to middle school). Cheerleaders/football players may not move back down to youth level after once at the middle school level, whether or not he/she played youth level in the past.
- F. Once a player/cheerleader has been certified and on the roster of an organization, player/cheerleader cannot move to another organization for that season.
- G. Penalty for failure to comply with the eligibility requirements will result in a \$300.00 fine and also include forfeiture of all regular season games in which ineligible players participated and forfeiture of all rights to post-season playoffs and bowl games and such other penalties as may be imposed by the executive committee.
- H. An ineligible cheerleader will result in a \$300.00 fine, plus forfeiture of the team involved to all rights to cheerleading competition and cheerleading championship and such other penalties as may be imposed by the executive committee.

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**Participation Requirements**

**Weight**

- A. Maximum weights allowed at all duly authorized football weigh-ins will be:
  - 115 Pounds in the Termite division
  - 130 Pounds in the Mite division
  - 145 Pounds in the Midget division
- B. Any player not making weight (in excess of 10 pounds) the first weigh-in will automatically be dropped from the roster. The player will have the option of moving to another team roster with the proper consent. Any player not making weigh-in the second weigh-in will automatically be dropped from the roster but will still have the option of moving to another team with the proper consent. If a player makes weight the first weigh-in, but not the second, he/she may weigh for the playoffs for the same team.
- C. No players will be added to roster before the playoffs.
- D. Penalty for failure to comply with the eligibility requirements will result in a \$300.00 fine and also include forfeiture of all regular season games in which ineligible players participated and forfeiture of all rights to post-season playoffs and bowl games and such other penalties as may be imposed by the executive committee.

**Verification Requirements**

**Weigh-ins**

- A. The executive committee will arrange a schedule for weighing and verifying the ages of all prospective players for such teams in the conference prior to the first scheduled game, prior to the start of the second half of the season and before playoff games. Weigh-ins for playoff games will be scheduled during the week before playoffs begin. A member of the executive committee will witness the weighing of each youth, examine satisfactory evidence of age and submit to the commissioner a roster of each team examined.
- B. Only the head coach and the president of the club being weighed may be present at the scales for any duly scheduled weigh-in. There will be perimeter lines they must stay behind.
- C. All football players and cheerleaders must be present at the first official weigh-in to be checked against the official books of the club. All football players must be at the second weigh-in, but only cheerleaders who have not participated during the first half of the season, and will be added to the roster, need to be at the second weigh-in. Cheerleaders already certified are not required to be at the second weigh-in.
- D. Any team having a player/cheerleader who presents a legitimate reason why he/she is unable to be present (other than over weight) for verification of eligibility at the regularly scheduled time and place, may have an appointment with the appropriate representative at a time prior to the next scheduled game. However, no player who fails to meet the weight requirements at the scheduled weigh-in will be rescheduled for an alternate date.

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**Verification Requirements**

**Certified Birth Certificates**

A certified birth certificate is a birth certificate with the official register of deed's seal only. A notary public seal will not be accepted on a birth certificate.

A duplicated copy of birth certificates with the register of deed's seal can be obtained from the register of deed's office in the county of birth for a nominal fee.

All prospective players and cheerleaders must present a certified birth certificate or other satisfactory evidence of age to the conference representative prior to being on an approved roster. Only in the absence of a certified birth certificate, such satisfactory evidence of age will be:

Certification of baptism, duly certified by a church  
Written certification of birth date according to school records of the principal,  
whose signature must be notarized.

**Photograph**

A photograph of each youth being registered to participate in youth football/cheerleading will be provided by the club requesting registration for the executive committee. The club should have the prospective player/cheerleader bring a current school picture or other recent picture. But, each club should be prepared to make a quick photo if necessary. The photo should be attached to the birth certificate or proof of age document, but not covering the name, date of birth or seal, and placed in the proper book.

**Medical form**

A current medical form for the entire season must be placed in the album with picture and birth certificate. Every player/cheerleader/mascot must have medical forms completed before first weigh-in. Medical forms must be dated and signed by a physician.